



September 2019—”Success”

SUN	MON	TUE	WED	THU	FRI	SAT
1 Week 1 Sparring/ Basics/Pad Drills!	2 Labor Day Holiday No Classes	3 Green & Above Full gear on before class begins.	4 Green & Above Full gear on before class begins. BLACK BELT TEST PREP CLASS 7:30—8:30PM	5 Green & Above Full gear on before class begins.	6 Demo Team Practices!! (ask how to join!!)	7 BLACK BELT TEST PREP CLASS 11:15—Noon
8 Test Week Review!	9 In Class Test Review All belt levels BLACK BELT TEST PREP CLASS 7:30—8:30PM	10 In Class Test Review Intent to Graduate forms due!!	11 Testing & Graduation! Doors open at 5:30 Testing 6—7:30 Party 7:30—8 pm! CIT 8-9 pm	12 Testing & Graduation! Doors open at 5:30 Testing 6—7:30 Party 7:30—8 pm!	13 Demo Team Practices!! (ask how to join!!)	14 BLACK BELT TEST PREP CLASS 11:15—Noon
15 Week 2 Self Defense/ Basics	16 BLACK BELT TEST PREP CLASS 7:30—8:30PM	17 Bring a Neighbor for Self Defense Night!	18 BLACK BELT TEST PREP CLASS 7:30—8:30PM	19 Bring a Neighbor for Self Defense Night!	20 Demo Team Practices!! (ask how to join!!)	21 Black Belt Testing 8 am SHARP No Reg Classes
22 Week 3 Performance/ Kata	23 Bring a Friend to class!	24 Bring a Friend to class!	25 Bring a Friend to class!	26 Bring a Friend to class!	27 Demo Team Practices!! (ask how to join!!)	28 Book your Birthday Party HERE!!
29 Week 4 Kata/Forms	30 Bring a Friend & Teach them your Kata!	1 Bring a Friend & Teach them your Kata!	2 Bring a Friend & Teach them your Kata!	3 Bring a Friend & Teach them your Kata!	4 Demo Team Practices!! (ask how to join!!)	5 Book your Birthday Party HERE!!